

KENTON COUNTY 4-H NEWS

November 2023

Kenton County 4-H Camp

June 24-28, 2024

Cost: \$300

Give your child(ren) 4-H Camp for Christmas. Fill out the registration form and pay your bill in full and we will give you a free camp t-shirt and a gift certificate to wrap and put under the tree.

Registration forms can be found at: www.kentoncountyextension.org or call : 859.356-3155.



**4-H Camp
-for-
Christmas**

TO: _____

FROM: _____

AMOUNT: **\$300** _____

DATE: **June 24-28, 2024** _____

University of Kentucky
College of Agriculture
Food and Environment
Cooperative Extension Service
4-H Youth Development

**Cooperative
Extension Service**

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities
accommodated
with prior notification.

2023 Award Winners



County Fair 4-H Trophies		
Trophy	Junior Winner	Senior Winner
Arts & Crafts	Josie Gurley	Jessy Zimmer
Crochet		Lydia Hinman
Crops	Ella Gripshover	
Foods	Grace Bene	Cailin Adkins
Forestry	Hoyt Bilz	
Home Environment	Grace Bene	Jessy Zimmer
Horticulture, Plants, Flowers	Ella Gripshover	Jessy Zimmer
Miscellaneous	Ella Gripshover	Annemarie Fuerst
Photography	Kendall White	Jessy Zimmer
Poultry	Easton Shaw	Paislie Shaw
Quilt		Annemarie Fuerst
Rabbit	Ella Gripshover	Jessy Zimmer
Sewing	Adrian Doll	Jessy Zimmer
Trends & Traditions	Mason Miller	Lydia Hinman
Wood Science	Patrick Donahue	
Record Book Building	Addy McCarty	Sienna Studer
Record Book Animal	Addy McCarty	Macie Bach



NEW LEADERS:

Stephen Benner	Sarah Hanks	Autumn Ruehl
Ruthie Brockman	Ashton McKinley	Mollie Shaw
Shannon Chrisco	Melissa Mullins	Jessy Zimmer
Jared Davis	Emily Popham	
Jordan Hanks	Lauren Popham	

Leaders Recognition Pin for 5 Years

Jan Hamilton	Matt Mauser	Brandon Williams
Kathy Hunter	Sue Sturgeon	
Amber Jones	Jackie Waibel	

Leaders Recognition Pin for 10 Years:

Amber Carpenter	Barbara Genslinger
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Leaders Recognition Pin for 20 Years:

Mike Wilson



County Overall Animal Awards		
Award	Junior	Senior
Beef		Addyson Simpson
Swine	Bristol Hopkins	Charlie Sanford
Sheep	Addy McCarty	Anna Beth McCarty



Award

Outstanding Jr. 4-H Girl.....
 Outstanding Sr. 4-H Boy.....
 Outstanding Sr. 4-H Girl.....

Recipient

Josie Gurley
 Nicholas Bene
 Annemarie Fuerst

FRIEND OF 4-H AWARDS

This year at the Kenton County
 4-H Recognition Event,
 the 2023 Friend of 4-H Award was awarded to:

Kenny & Kevin Kallmeyer
Ken's Crescent Springs



4-H Donor Awards



Thank you for
 all you do for
 Kenton County
 4-H!

Larry & Mary Mains



KENTON COUNTY 4-H

2023 Holiday Box Fundraiser

TO ORDER EMAIL LORI CLARK @LORI.CLARK@UKY.EDU

OR CALL 859-356-3155

PICK UP WILL BE DECEMBER 15 FROM 4 -6 PM

AT THE MARSHALL RD LOCATION

BOX INCLUDES:

HOMEMADE COOKIES

CANDIES

DIP MIXES

AND A FEW SURPRISES

**\$35.00
PER BOX**

Click QR
Code to
pay with
pay pal



Donations needed for the holiday boxes. Please let us know if you can donate any of the following items. Items are needed as soon as possible. Thank you in advance for your kindness.

Ingredients:
All Purpose Flour
Assorted Jello packages (Dry)
Baking Powder
Baking Soda
Bay Leaves
Brown Sugar
Celery Seed
Cheese-its
Chex Mix Cereal
Chicken Bouillon Cubes
Choc. Chips
Chocolate Almond Bark
Cinnamon
Dill
Egg Noodles
Evaporated Milk

Ingredients:
Garlic Powder
Goldfish Crackers
Hershey's Milk Chocolate Bars
Hershey's Miniatures Assortment
Marshmallow Cream
Microwave Popcorn (Plain)
Mini Pretzels
Onion Flakes
Onion Powder
Oyster Crackers
Paprika
Parsley
Peanut Butter
Pecans
Peppermint Extract
Peppermint Oil

Ingredients:
Powdered Sugar
Ritz Crackers
Rosemary
Sage
Salt
Seasoned Salt
Semi Sweet Choc. Chips
Sugar
Thyme
Unsalted Butter
Vanilla Almond Bark
Vanilla Extract
Vegetable Oil
White Choc. Chips



2024 Kentucky Volunteer Forum

The event is February 22-24, 2024, at the Hyatt Regency in Lexington, Kentucky.

If you would like to attend, we will have some financial help for volunteers. You must inform an agent by November 6, 2023.

Registration Information: 10 Year 4-H Members Saturday only \$75.00
Full Time Registration: \$300
Thursday Only: \$75
Friday Only: \$200
Saturday Only: \$150
Early Bird Discount: Dec. 15, 2023: \$250

For more information visit:

[Kentucky Volunteer Forum | 4-H Youth Development \(uky.edu\)](https://www.uky.edu/volunteer)



Call or email dkelley@uky.edu, lori.clark@uky.edu, anna.meyers@uky.edu with questions or concerns. There will be a very short turnaround time for registration.

HEALTH BULLETIN

NOVEMBER 2023

Download this and past issues of the Adult, Youth, Parent, and Family Caregiver Health Bulletins:
<http://fcs-hes.ca.uky.edu/content/health-bulletins>

Kenton County Extension Office
10990 Marshall Road
Covington, KY 41015
(859) 356-3155

THIS MONTH'S TOPIC:
AN ATTITUDE OF GRATITUDE

You may have heard before that it is important to be grateful for something. You might have wondered what that means or why it matters.

Gratitude is when you feel thankful for the good things in your life. This could be the things people often take for granted, like having food, clean water, a place to live, friends, and family. Gratitude is taking time to think about how lucky you are when something good happens, big or small. Gratitude is telling others when they have a part in those things.

Gratitude can start by thinking about the things in our life that we love: special people, places, and things. For example, you may love your grandparents, your neighborhood playground, or your favorite toy or game. When we show gratitude for things we love, we show that we appreciate Written by: the time, effort, or resource that someone has put into us getting to experience those things. We show gratitude for our grandparents when we thank them for spending time with us. We show gratitude for our playground when we pick up trash around it and thank our parents for taking us there to play. We show gratitude for our favorite toys by thanking the people who gave them to us or gave us the opportunity to get them.

It is important to be grateful and show it to others. Being grateful feels good and is good for you. Making it a habit to have an attitude of gratitude can:

- Make it easier to learn and make smart decisions.
- Help you feel happier and less stressed by focusing on what you have, instead of what you don't.
- Lead to caring actions. When you are grateful for someone's kindness, you are more likely to be nice in return.
- Help you build better relationships. When you feel and express gratitude and respect to people in your life, it creates loving bonds. It also builds trust and helps you feel closer.

When you make gratitude a regular part of your life, you become more aware of good things as they happen. Sometimes feelings of gratitude happen on their own. You can also make them by looking for things around you that you appreciate. Each day, pay attention to things that make you happy, and that you are glad to have in your life.

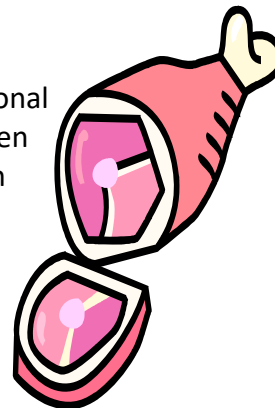
Try to think of one of each of these things every day: a person you love, a place you are happy to be, and something you are glad that you have.

You might not always feel positive or want to practice gratitude, but if you're feeling down, that is exactly the right time to be grateful and feel the effects.

REFERENCE: <https://kidshealth.org/en/teens/gratitude.html>

Country Ham

The 4-H Country Ham Project provides an excellent opportunity to learn a traditional meat curing process and develop essential speaking skills. Participants will be given two hams, and we will cure these as a group on January 15th. One will compete in the Kenton County Fair, and the other will go to Kentucky State Fair in August, where participants will be judged on both their ham and a presentation over a state-wide designated topic.



All country ham participants must complete 6 hours of livestock education time by January 10, 2024.

The fee for the country ham project is \$70.00. Checks are payable to the Kenton County 4-H Council and are due in the Kenton County Extension office, 10990 Marshall Road by 4:30 p.m. on Friday, December 8, 2023.

Please contact Anna at 859.356.3155 if additional information is needed.

Announcement from State 4-H Livestock Program

Market Animal Tagging/Validation:

- 2024 process and guidelines not announced as of 10/26/2023

Breeding Animal Validation:

- 2024 process and guidelines not announced as of 10/26/2023

2023 Skillathon and Quiz Bowl:

- As of 10/26/2023 date has not been announced.

2023-2024 Livestock Educational Dates

If you would like to participate in showing livestock, beef, sheep, swine, dairy, goats or country ham, livestock judging, or livestock skillathon next spring and summer, the educational meetings will have to be completed **before** your animal is KUIP tagged, or you register for activities. Each 4-H member of any species or participating livestock activity must attend 6 hours of training conducted by 4-H certified volunteers in order to participate in any livestock activity. **Please sign up via the Kenton County Extension Office PACE system.**

The livestock educational meeting dates are as follows:

Educational Program/Activity	Date	Day	Time	Place
Dairy Program; Housing, Care, Feeds	October 28, 2023	Saturday	8:30—11:30 a.m.	Ed-Mar Dairy Farm
Selecting Your Animal	November 9, 2023	Thursday	6:00-8:00 pm	Durr Center, Marshall Rd.
Dissection and Species	November 21, 2023	Tuesday	6:00-9:00 pm	Durr Center, Marshall Rd
BQCA & Jeopardy	December 11, 2023	Monday	6:00-8:00 pm	Durr Center, Marshall Rd.
Country Ham Speeches	January 6, 2024	Saturday	8:30-11:30 am	Durr Center, Marshall Rd.
TBA	January 10, 2024	Wednesday	6:00 - 8:00 pm	Durr Center, Marshall Rd.

Please pre-register on-line at kentoncountyextension.com for materials.

Each class is a general session followed by a breakout session for each species; when appropriate.

Reminder: A parent/guardian must attend one orientation session offered at the beginning of each educational session.

4-H Kick-Off Fun

At the open house we encountered a lot of new faces. We were so excited to see friends and hope they return. We have a lot of different clubs with many different interests like livestock, horses, crafts, gardening, STEM, Cloverbuds, Shooting Sports, Teen Adventures, Needlecraft, and Rabbits. We have classes and demonstrations to learn a lot of new exciting things.

We had our awards recognition night on October 20th. We had a great crowd. A lot of fun and awards won. Submitted by Anna Beth McCarty



Wondermakers 4-H Club

susand1st@gmail.com

November:

Meeting 11/7 12:30-3:30 pm
Learning the muffin method today and baking cheese muffins.

December:

Meeting December 5, 3:30
Christmas project

January 2, 2024 day meeting.

Planning for leaf collection and other projects, project for the day could be wire sculpting, acrylic painting, baking.

Other meeting dates 2024

February 6
March 5
April 2
May 7

**ROUGH RIDERS
&
SOARING
EAGLES**

3RD THURSDAYS

6:30 P.M.
KENTON LANDS ROAD LOCATION

CLUB LEADERS:
JERI ZIMMER
&
LESLEY HINMAN

Do you love horses?

The 4-H horse program is 4 You!

Blazin' Bridles 4-H Club

Meetings are held on the Second Thursday of each month at Serpentine River Farms, 10200 Locust Pike, Ryland Heights.

For more information contact:
Lori Clark
(859) 356-3155

Kenton 4-H Target Sharks

Club Leader: Mike Coyle kentoncty4hscc@gmail.com
Club Coordinator: Sarah Hanks sarahhanks124@gmail.com

Orientation
January 16, 2024
6:30 p.m.
10990 Marshall Road
Covington, KY 41015

Mandatory Safety Meetings

★ **YOUTH AND ADULT MUST ATTEND ONE SESSION**

February 20, 2024 6-8:00 p.m.
450 Kenton Lands Road
Erlanger, KY 41018
or
March 9, 2024 6-8:00 p.m.
450 Kenton Lands Road
Erlanger, KY 41018

Kenton County 4-H 



Needlework Club

2nd Saturday of the month
10:00am-12:00pm
Must register in PACE

Sewing, crochet, knitting, embroidery, and MORE!
Join us to learn new skills or finish one of your older projects!

Contact Lori Clark for more info!
lori.clark@uky.edu

Kenton County 4-H 

TEEN ADVENTURES

2nd Saturday of the month
10:00am-12:00pm


Must register in PACE

Ages 13-18

Come help us plan our 4-H program while going on cool adventures!

Contact Lori Clark for more info!
lori.clark@uky.edu

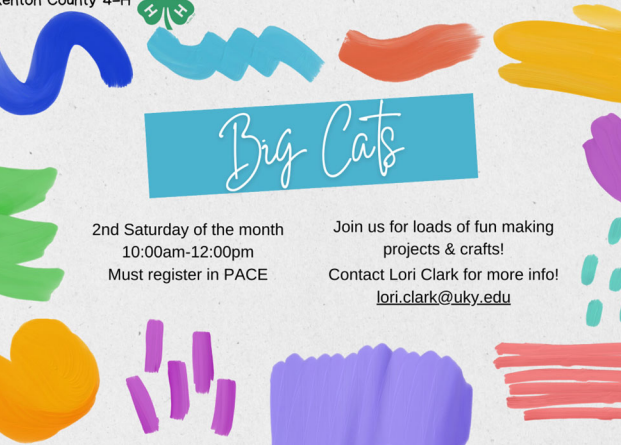


Kenton County 4-H 

Big Cats

2nd Saturday of the month
10:00am-12:00pm
Must register in PACE

Join us for loads of fun making projects & crafts!
Contact Lori Clark for more info!
lori.clark@uky.edu



Kenton County 4-H 

Outdoor Adventures

Come learn about new outdoor skills and go on outdoor adventures.

2nd Saturday of the month, 10:00am-12:00pm
Contact Lori Clark for more details!
lori.clark@uky.edu




POULTRY CLUB

****IN NEED OF A CLUB LEADER****

Kenton County 4-H 

STEM CLUB 

KENTON COUNTY 4-H



Club Leader:
Megan Benner
sewchew@gmail.com

Club Meetings:
10990 Marshall Road
Covington, KY 41015

Proposed Dates
6 - 7:30 p.m.

- Nov. 14, 2023
- Dec. 12, 2023
- Jan. 9, 2024
- Feb. 13, 2024
- Mar. 12, 2024
- Apr. 2, 2023




Please register in PACE to attend STEM

4-H AGE POLICY Determined by age of youth on January 1

A young person in Kentucky may join 4-H at the age of nine and continue his/her participation up through age 18. The age of a young person is determined by the age he/she is on January 1 of the program year. In 2006, this general policy was revisited and a clarification was put in place, particularly for the upper end of the age range. It becomes especially important when issues of fairness regarding competition are in question. Our ultimate goal is to offer the 4-H experience to as many Kentucky youth as possible.

Program Year: As of September 1, 2006, the “4-H Program Year” in Kentucky is September 1 through August 31. The 4-H Program Year is twelve months in duration.

Upper end of age range: Kentucky 4-H Age is the young person’s age on January 1 of the current program year. On January 1 of the current program year, a youth must be 18 years old or younger to participate in 4-H during that 4-H Program Year. When a youth is 19 years of age on or before January 1 of the current 4-H Program Year, that youth has completed his/her 4-H eligibility and may not participate in 4-H during the current 4-H Program Year.

For the 2023-24 Program year, if a young person's date of birth is... •

Junior 4-H Age

- Jan 1 - Dec. 31, 2014, their 4-H age is 9
- Jan 1 - Dec. 31, 2013, their 4-H age is 10
- Jan 1 - Dec. 31, 2012, their 4-H age is 11
- Jan 1 - Dec. 31, 2011, their 4-H age is 12
- Jan 1 - Dec. 31, 2010, their 4-H age is 13

Senior 4-H Age

- Jan 1 - Dec. 31, 2009, their 4-H age is 14
- Jan 1 - Dec. 31, 2008, their 4-H age is 15
- Jan 1 - Dec. 31, 2007, their 4-H age is 16
- Jan 1 - Dec. 31, 2006, their 4-H age is 17
- Jan 1 - Dec. 31, 2005, their 4-H age is 18
- Jan 1 - Dec. 31, 2004, age is 19 and is no longer a 4-H member

4-H ACHIEVEMENT PROGRAM—DUE NOVEMBER 20

- Cumulative program spanning the entire career of the 4-H'er.
- Awards points for outside efforts and interests.
- Encourages growth and development by awarding high points at multi-county, state, and national levels.
- Does not require a previous level of achievement to apply for a higher level as long as the 4-H'er meets the minimum point requirements.
- 4-H'ers can choose to compete for awards and prizes (ie Bronze, Silver, Gold, and Emerald) – OR simply achieve levels and be recognized in their counties.
- Youth who have obtained a “Bronze”, “Silver”, or “Gold” – retain their title.
- The Achievement Program includes and incorporates the previous “Middle School Leadership Awards”.
- Previous work completed by the 4-H'er (from past years) may be included in the new Achievement Program.

The program is designed to allow 4-H'ers to begin keeping records of their awards, participation, and projects. The county deadline is November 20. For further information or an application, contact Lori Clark at 356-3155 or lori.clark@uky.edu.



County-wide 4-H sponsored activities are cancelled when Kenton County Schools are closed due to bad weather. Individual club leaders may decide to meet. Call the extension office or your leader if you have questions.



4-H CROSS COUNTY LINES POLICY

Kenton County 4-H Council will address cross county lines concerns for the 2023-24 program year during their regular November 20 meeting. All requests to exit or enter a program must be received in writing and turned in to Diane Kelley, at the Extension Office by 4:30 p.m. on 11/20/2023. As a general rule, a young person becomes a 4-H member within the county where he/she is a resident or attends school. Participation close to home usually allows the young person and his/her family to become more fully engaged in 4-H and more actively involved in the greater community. The family involved may bring the cross county lines form to the November 4-H Council meeting as well.

Generally, where a young person participates in 4-H becomes an issue when competition is involved; where a young person is a member becomes important to fair and ethical competition. **It is assumed that a young person is a member of 4-H in the county of residence or county where the young person attends school. To compete as part of any other county's 4-H program, a transfer of membership must be clearly established through a request by the member, approval by the agents and councils involved, and appropriate documentation.** Determination of whether a young person may cross a county line is to be completed on a **case by case basis** by the agents and councils involved.

Save the Date:
KENTUCKY 4-H
TEEN CONFERENCE
June 11-14, 2024



KENTON COUNTY 4-H NOVEMBER CALENDAR



Date	Event
Nov. 4	Big Cats; 10:00 a.m.; Marshall Road Location
Nov. 7	Fair Board Meeting; 7:30 p.m.; Marshall Road Location
Nov. 9	Livestock Education Hours; 6:00-8:00 p.m.; Marshall Road Location; Please Pre-register
Nov. 9	Blazing Bridles; Serpentine River Farms; 6:30 p.m.
Nov. 16	Extension District Board; 2:00 p.m.; Marshall Road Location
Nov. 16	4-H Rabbit Club; 6:15 p.m.; Kenton Lands Road Location
Nov. 16	4-H Rough Riders & Soaring Eagles; 7:00 p.m.; Kenton Lands Road Location
Nov. 20	Cross County Lines forms due; 4:30 p.m.; Marshall Road Location
Nov. 20	4-H Council; 7:00 p.m.; Kenton Lands Road Location
Nov. 20	County Deadline; Achievement Forms—Bronze, Silver, Gold; due to Marshall Road Extension Office
Nov. 21	Livestock Education Hours; 6:00-9:00 pm; Marshall Road Location; Please Pre-register
Nov. 23-26	Thanksgiving Break; Office Closed Nov. 24 & 25
Dec. 4	Piggy Banks Due to Marshall Road Location by 4:30 p.m.
Dec. 8	Country Ham Contract & Payment due



School Clubs In November

11/3 Scott High School
 11/6-10 White's Tower
 11/8 Ludlow
 11/10 St. Cecilia

11/15 Ludlow
 11/15 Simon Kenton
 River Ridge
 11/16 Ludlow
 River Ridge

11/17 Piner
 11/21 St. Anthony

Volunteer Opportunities

We are looking for volunteers to help with various projects/events. If you are available to help please contact the person listed with the event you wish to help with. Thank you so much for supporting Kenton County 4-H.

Date	Activity	Time	Contact	# Needed
TBA	Arts Club	Evenings	Diane Kelley	2
Dec.	Holiday Boxes	Daytime	Lori Clark	6
TBA	Poultry Club	Evenings	Lori Clark	2
TBA	CCA Afterschool	After School	Diane Kelley	2 or 3

Darnell Family Receives Lloyd Bridges 4-H Family Award

The Darnell's have supported the Kenton County Extension Service by serving as volunteers on the Ag Development Board, CEC, and State Extension Board.

Art and Becky's daughter Carrie and son Hank participated in showing livestock in 4-H when they were young. The Darnell's enjoy participating in the Kenton County Fair and attending other county fairs by bidding on the 4-H member's livestock.

They reside at Honey Locust Farms in Piner, where they share their love of agriculture with guests at weddings, Kenton County Farm Bureau events, and farm to table dinners including the annual Kenton County 4-H Farm to Table Dinner.

Congratulations to the Darnell Family and thank you for your support.



THE NEW 4-H YEAR HAS STARTED!

Are you Enrolled?

Each 4-H'er and adult leader must re-enroll each and every year. EVERYONE who wishes to continue in 4-H has to complete and return the enrollment form enclosed in the September 4-H Newsletter also available at kentoncountyextension.org.

If you want to continue receiving the 4-H monthly newsletter and participating in 4-H activities, you must re-enroll at this time. Please contact the office at 859-356-3155 if you have any questions or need a form. After December 1, those without current enrollment will cease to receive mailings.



Sincerely,
Kenton County Extension 4-H Youth Development Agents

Anna Meyers
Anna Meyers
anna.meyers@uky.edu

Diane Kelley
Diane Kelley
dkelley@uky.edu

Lori Clark
Lori Clark
lori.clark@uky.edu

4-H Youth Development Assistants

Vanessa Sturgill
vanessa.sturgill@uky.edu

Kaylen Greene-Purcell
kaylen.greene@uky.edu

Secretary
Mary Cannon
mary.cannon@uky.edu

Kenton County Extension
10990 Marshall Road
Covington, KY 41015

Kenton County's New 4-H Agent



Hi everyone! My name is Anna Meyers, and I am so excited to be a new 4-H Agent in Kenton County! I recently graduated from Morehead State University with my bachelor's degree in Agricultural Sciences through the Animal Science program. At Morehead, I was a member of Collegiate Farm Bureau and an Agricultural Ambassador. My love for working in agriculture was fostered through 4-H and FFA. Through these programs, I showed livestock (goats, lambs, rabbits, and poultry), was a member of the livestock judging team, and participated in the country ham project and a variety of other speaking events and contests.

I am thrilled to now be serving as a 4-H agent and can't wait to meet you all and see where this program goes!