



November 2022

KENTON COUNTY NEWS



4-H Camp for Christmas



Need a Christmas gift your child will LOVE???
Give them a week of 4-H Camp!

4-H camp dates are June 26-30, 2023. Early bird cost is \$280.00. If you pay the full price now, we will give you a gift certificate and a camp t-shirt to wrap. **WHAT A DEAL!** Give your child/grandchild a gift they will love and you won't have to return! Deadline for free camp shirt is December 6.

Camp registration papers are available on-line at

kentontyextension.org

or by calling our office at: 356-3155.

Payment plan is available.

KIDS: Tell Mom & Dad;
Grandma & Grandpa;
Aunts & Uncles

that you want 4-H Camp for Christmas!

What a great gift!!!!



4-H Camp for Christmas



2022 Award Winners

<u>Award</u>	<u>Recipient</u>
Outstanding Jr. 4-H Girl.....	Paislie Shaw
Outstanding Jr. 4-H Boy.....	Easton Shaw
Outstanding Sr. 4-H Girl.....	Lydia Hinman

County Fair 4-H Trophies

Trophy	Junior Winner	Senior Winner
Arts & Crafts	Sloan Pangallo	Emma Donahue
Foods	Anna Beth McCarty	Madeline Rose
Forestry		Jessy Zimmer
Goat		Alivia Simpson
Home Environment	Paige Vanover	Jessy Zimmer
Horticulture, Plants, Flowers	Ella Gripshover	Cheyenne Kiser
Miscellaneous	Patrick Donahue	Lydia Hinman
Needlework	Anna Beth McCarty	Lydia Hinman
Photography	Josie Gurley	Anna Donahue
Poultry	Easton Shaw	
Rabbit	Grace Bene	Jessy Zimmer
Sewing	Adrian Doll	Madeline Hinman
Trends & Traditions	Easton Shaw	
Wood Science	Hoyt Bilz	
Record Book Building	Grace Bene	Emma Vicars
Record Book Animal	Sloan Pangallo	Mason Williams

County Overall Animal Awards

Award	Junior	Senior
Beef	Lindy Kiser	Cheyenne Kiser
Swine	Charlie Sanford	Mason Williams
Sheep	Easton Shaep	
Companion	Easton Shaw Paislie Shaw	

Outstanding Horse Award
Alyssa Olterman—Champion
Dylan Wilson—Reserve

FRIEND OF 4-H AWARDS

This year at the Kenton County 4-H Recognition Event, the 2022 Friend of 4-H Award was awarded to:

Matt Mauser

Thanks for all you do for 4-H—
we appreciate YOU!



Home Economics Award

Junior Award.....Grace Barnett
 Senior Award.....Lydia Hinman

NEW LEADERS:

Megan Benner	Bradley Huelsman	James McKenna
Barry Burkett	Jason Jones	Olivia Rickels
Tori Brinker	Erin Level	Janice Roenker
Grace Bergman	Cheyenne H. Kiser	Leah Wilson
Madison Genslinger	Hannah McDaniel	

Leaders Recognition Pin for 5 Years

Elizabeth Jacobs

Leaders Recognition Pin for 10 Years:

Patty Brinker Kevin McCarty Shelley McCarty

Leaders Recognition Pin for 15 Years:

Rose Blaney	Joyce Hildreth	Jill Schmiade
Susan Fuerst	Susan Laws	

Leaders Recognition Pin for 20 Years:

Elaine Kohler Melinda Martino

Leaders Recognition Pin for 25 Years:

Mary Jo Schmiade

Leaders Recognition Pin for 30 Years:

Colleen Adkins	Genita Kiser
Joe Adkins	Nancy Kloentrup

Leaders Recognition Pin for 40 Years:

Cathy Kunkel-Mains Milton Mains

Leaders Recognition Pin for 45 Years:

Ed Zimmer

4-H Donor Awards

Todd & Nancy Kloentrup



Woodall Family

KENTON COUNTY 4-H

Holiday Box Fundraiser

**\$35.00
PER BOX**

TO ORDER SCAN THE QR CODE
OR CALL 859-356-3155
PICK UP WILL BE 12-16-22 AT
THE MARSHALL RD LOCATION



**BOX INCLUDES:
HOMEMADE COOKIES
CANDIES
DIP MIXES
AND A FEW SURPRISES**

https://uky.az1.qualtrics.com/jfe/form/SV_71aSv1tI4Hgyp7g

Donations needed for the holiday boxes. Please let us know if you can donate any of the following items. Items are needed as soon as possible. Thank you in advance for your kindness.

Ingredient	Amount
Semi Sweet Choc. Chips	13-12 oz bags
White Choc. Chips	30-12 oz bags
Vanilla Almond Bark	8-16 oz packages
Peanut Butter	2-16 oz jars
Pecans	14 lbs
Cranberries	5 cups
Pretzels	480 mini rods

Ingredient	Amount
Mini Pretzels	15 bags
Hot Choc. Mix	25 oz
Choc. Chex Mix	8-18 oz boxes
Rice Chex Mix	18-18 oz boxes
Marshmallows	16-10 oz bags
Applebutter	6 cups
Marshmallow Cream	5 pints

4-H ACHIEVEMENT PROGRAM—DUE NOVEMBER 22

- Cumulative program spanning the entire career of the 4-H'er.
- Awards points for outside efforts and interests.
- Encourages growth and development by awarding high points at multi-county, state, and national levels.
- Does not require a previous level of achievement to apply for a higher level as long as the 4-H'er meets the minimum point requirements.
- 4-H'ers can choose to compete for awards and prizes (ie Bronze, Silver, Gold, and Emerald) – OR simply achieve levels and be recognized in their counties.
- Youth who have obtained a "Bronze", "Silver", or "Gold" – retain their title.
- The Achievement Program includes and incorporates the previous "Middle School Leadership Awards".
- Previous work completed by the 4-H'er (from past years) may be included in the new Achievement Program.

The program is designed to allow 4-H'ers to begin keeping records of their awards, participation, and projects. The county deadline is November 22. For further information or an application, contact Denise Donahue at 356-3155.

4-H AGE POLICY Determined by age of youth on January 1

A young person in Kentucky may join 4-H at the age of nine and continue his/her participation up through age 18. The age of a young person is determined by the age he/she is on January 1 of the program year. In 2006, this general policy was revisited and a clarification was put in place, particularly for the upper end of the age range. It becomes especially important when issues of fairness regarding competition are in question. Our ultimate goal is to offer the 4-H experience to as many Kentucky youth as possible.

Program Year: As of September 1, 2006, the "4-H Program Year" in Kentucky is September 1 through August 31. The 4-H Program Year is twelve months in duration.

Upper end of age range: Kentucky 4-H Age is the young person's age on January 1 of the current program year. On January 1 of the current program year, a youth must be 18 years old or younger to participate in 4-H during that 4-H Program Year. When a youth is 19 years of age on or before January 1 of the current 4-H Program Year, that youth has completed his/her 4-H eligibility and may not participate in 4-H during the current 4-H Program Year.

For the 2022-23 Program year, if a young person's date of birth is... •

Junior 4-H Age

- Jan 1 - Dec. 31, 2013, their 4-H age is 9
- Jan 1 - Dec. 31, 2012, their 4-H age is 10
- Jan 1 - Dec. 31, 2011, their 4-H age is 11
- Jan 1 - Dec. 31, 2010, their 4-H age is 12
- Jan 1 - Dec. 31, 2009, their 4-H age is 13

Senior 4-H Age

- Jan 1 - Dec. 31, 2008, their 4-H age is 14
- Jan 1 - Dec. 31, 2007, their 4-H age is 15
- Jan 1 - Dec. 31, 2006, their 4-H age is 16
- Jan 1 - Dec. 31, 2005, their 4-H age is 17
- Jan 1 - Dec. 31, 2004, their 4-H age is 18
- Jan 1 - Dec. 31, 2003, their 4-H age is 19 and is no longer a 4-H member



2022-2023 Livestock Educational Dates

If you would like to participate in showing livestock, beef, sheep, swine, dairy, goats or country ham, livestock judging, or livestock skillathon next spring and summer, the educational meetings will have to be completed **before** your animal is KUIP tagged, or you register for activities. Each 4-H member of any species or participating livestock activity must attend 6 hours of training conducted by 4-H certified volunteers in order to participate in any livestock activity. **Please sign up via the Kenton County Extension Office PACE system.**

The livestock educational meeting dates are as follows:

Please note everyone will watch 2 hours of video this year.

Additional Activities TBA

Educational Program/Activity	Date	Day	Time	Place
Skillathon; Breeds; Equipment; Feeds	November 10, 2022	Thursday	6:00-8:00 pm	Durr Center, Marshall Rd.
Vet visit; Goat end product; Video DNA	November 22, 2022	Tuesday	6:00-9:00 pm	Durr Center, Marshall Rd
Game Night; Buyers Visit	December 12, 2022	Monday	6:00-8:00 pm	Durr Center, Marshall Rd.
End product activity; Recordbooks; Cooking Meat, Jeopardy	January 7, 2023	Saturday	8:30-11:30 am	Durr Center, Marshall Rd.
As of 10/12/2022 Videos planned	January 11, 2023	Wednesday	6:00 - 8:00 pm	Durr Center, Marshall Rd.

Please pre-register on-line at kentoncountyextension.com for materials.

Each class is a general session followed by a breakout session for each species; when appropriate.

Reminder: A parent/guardian must attend one orientation session offered at the beginning of each educational session.

Announcement from State 4-H Livestock Program

Market Animal Tagging/Validation:

- 2023 process and guidelines not announced as of 10/27/2022

Breeding Animal Validation:

- 2023 process and guidelines not announced as of 10/27/2022

2023 Skillathon and Quiz Bowl:

- As of 10/27/2022 date has not been announced.



4-H STEM Club

November 28

6:00-7:00 p.m.

Kenton Lands Road

HEALTH BULLETIN

THIS MONTH'S TOPIC:

KEEPING TEETH HEALTHY

A healthy mouth and teeth are important parts of a healthy body. There are many things that you can do to keep your teeth clean, strong and healthy. Do you know how to keep your teeth healthy? That's right; keeping your teeth healthy includes brushing, visiting the dentist, good food and drink choices and flossing.

Brushing your teeth

Dentists say you should brush your teeth for at least 2 minutes twice a day. Be sure to use a child-size toothbrush that is easy to hold, has soft bristles, and is comfortable to use.

- Gently brush all areas of your teeth, gums, and tongue. Move the brush back and forth gently in short strokes. Brush the top, front, and backsides of each tooth.
- Brush for 2 to 3 minutes. Use a timer or play a favorite song while brushing your teeth to let you know when 2 minutes are up.
- Brush twice a day with a fluoride toothpaste. Fluoride prevents cavities by strengthening and protecting tooth enamel.
- After you have brushed your teeth, spit out all the toothpaste! Do not swallow it. Toothpaste is for cleaning your teeth, not your stomach!



Flossing your teeth

To keep your teeth and gums as healthy as possible, you need to use dental floss. Dental floss is a special kind of string for cleaning between your teeth. Cleaning between your teeth is just as important as brushing. Flossing helps remove bits of food and plaque from between the teeth where your toothbrush cannot reach. It helps keep your teeth and gums healthy. Flossing is not easy, so you should ask your parents or another grown-up to help you floss. You should floss your teeth very gently, once a day.

- Insert the floss in between two teeth and use a back and forth motion to clean.
- Gently bring the floss to the gum line, but do not force it under the gums.
- Repeat this process between all your teeth.

Proper nutrition

Brushing and flossing are very important ways to keep teeth clean and healthy, but there are a few more things that each of us can do. The foods we eat and the beverages we drink are very important for keeping our teeth healthy. Eating a nutritious mix of foods from all the food groups is the best way to keep your teeth and body healthy.

Dental visits

Visit your dentist regularly. Dentists help take care of your teeth by checking your teeth to see if they are healthy. They show you how to take good care of your teeth and fix cavities or repair teeth. Your dentist will tell you when your next visit should be. Taking good care of your teeth is something that each of us can do. When you take care of your teeth, they can last a lifetime. Remember, healthy teeth are part of a healthy body.

REFERENCES:

- <https://kidshealth.org/en/kids/teeth-care.html>
- <https://www.cdc.gov/oralhealth/basics/childrens-oral-health>



County-wide 4-H sponsored activities are cancelled when Kenton County Schools are closed due to bad weather. Individual club leaders may decide to meet. Call the extension office or your leader if you have questions.

State Shooting Sports

Congratulations to Solomon Pangallo, who competed in the 12-14 year old category. He placed second in Pistol and was State Champion in Archery Target Compound.

Kenton County was well represented with the following participants: Wyatt Engelhardt, Solomon Pangallo, Alexander Benner, Ethan Back, Isaac Renner, and Noah Renner.

KENTON COUNTY 4-H CALENDAR

Nov. 1	Fair Board Meeting; 7:30 p.m.; Marshall Road Location	
Nov. 3	Home School Program; 9:00 a.m.; Kenton Land Road Location	
Nov. 10	Livestock Education Hours; 6:00-8:00 p.m.; Marshall Road Location; Please Pre-register	
Nov. 10	Blazing Bridles; Serpentine River Farms; 6:30 p.m.	
Nov. 17	Extension District Board; 2:00 p.m.; Marshall Road Location	
Nov. 17	4-H Rabbit Club; 6:15 p.m.; Kenton Lands Road Location	
Nov. 17	4-H Rough Riders; 7:00 p.m.; Kenton Lands Road Location	
Nov. 21	Cross County Lines forms due; 4:30 p.m.; Marshall Road Location	
Nov. 21	4-H Council; 7:00 p.m.; Kenton Lands Road Location	
Nov. 22	Livestock Education Hours; 6:00-9:00 pm; Marshall Road Location; Please Pre-register	
Nov. 24-27	Thanksgiving Break; Office Closed Nov. 24 & 25	
Nov. 28	STEM Club; 6:00 pm; Kenton Lands Road Location; Please Pre-register	
Nov. 29	Education Administrators Meeting; 1:00 pm; 6:00 pm	

School Clubs In November

Nov. 1 Piner
 Nov. 15 River Ridge
 Nov. 17 River Ridge

Volunteer Opportunities

We are looking for volunteers to help with various projects/events. If you are available to help please contact the person listed with the event you wish to help with. Thank you so much for supporting Kenton County 4-H.

Date	Activity	Time	Contact	# Needed
Nov. 22	Livestock Ed Snack Preparation	6:00 pm	Diane Kelley	2 people
Dec. 12	Livestock Ed Pretend Buyers	6:30-7:30 pm	Diane Kelley	5 people
Jan-May	Cloverbud Leader	TBA	Diane Kelley	2 people
Jan-May	Country Ham	1/16/23	Diane Kelley	2 adults

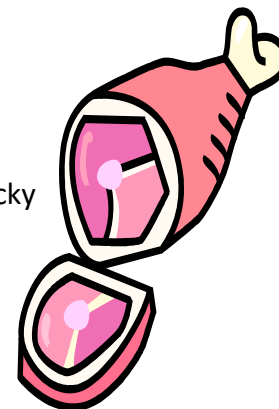
Country Ham

4-H County ham has two main parts. The first is curing 2 hams at the Kenton County Extension Ham Building. The second is presenting a speech at the Kentucky State Fair in August 2023.

All country ham participants must complete 6 hours of livestock education time by January 11, 2023.

The fee for the country ham project is \$60.00. Check are payable to the Kenton County 4-H Council and are due in the Kenton County Extension office, 10990 Marshall Road by 4:30 p.m. on Monday, December 5, 2022.

Please contact Diane at 859.356.3155 if additional information is needed.



4-H CROSS COUNTY LINES POLICY

Kenton County 4-H Council will address cross county lines concerns for the 2022-23 program year during their regular November 8 meeting. All requests to exit or enter a program must be received in writing and turned in to Diane Kelley, at the Extension Office by 4:30 p.m. on 11/21/2022. **As a general rule, a young person becomes a 4-H member within the county where he/she is a resident or attends school.**

Participation close to home usually allows the young person and his/her family to become more fully engaged in 4-H and more actively involved in the greater community. The family involved may bring the cross county lines form to the November 4-H Council meeting as well.

Generally, where a young person participates in 4-H becomes an issue when competition is involved; where a young person is a member becomes important to fair and ethical competition. **It is assumed that a young person is a member of 4-H in the county of residence or county where the young person attends school. To compete as part of any other county's 4-H program, a transfer of membership must be clearly established through a request by the member, approval by the agents and councils involved, and appropriate documentation.** Determination of whether a young person may cross a county line is to be completed on a **case by case basis** by the agents and councils involved.

SAVE THE DATE 4-H Teen Conference June 13-16, 2023

Look for more information in coming newsletters.

Contact the 4-H Staff
for more information.

THE NEW 4-H YEAR HAS STARTED!

Are you Enrolled?

Each 4-H'er and adult leader must re-enroll each and every year. EVERYONE who wishes to continue in 4-H has to complete and return the enrollment form enclosed in the September 4-H Newsletter also available at kentoncountyextension.org.

If you want to continue receiving the 4-H monthly newsletter and participating in 4-H activities, you must re-enroll at this time. Please contact the office at 859-356-3155 if you have any questions or need a form. After December 1, those without current enrollment will cease to receive mailings.



Brinker Family Receives Lloyd Bridges 4-H Family Award

The Brinker family have been very supportive of the Kenton County 4-H Camp. Patty as been an adult counselor for 10 years. Tori has attended camp as a camper, been a Jr. Counselor, Teen Counselor and now an Adult Counselor. Savannah has attended as a camper and has now been a Jr. Counselor. Tom has been so supportive of letting his family attend and participate.

Congratulations Brinker family.



Sincerely,
County Extension Agents
4-H Youth Development Education—Kenton County

Denise Donahue
Denise Donahue
ddonahue@uky.edu

Diane Kelley
Diane Kelley
dkelley@uky.edu

Lori Clark
Lori Clark
lori.clark@uky.edu

4-H Youth Development Assistant
Vanessa Sturgill
vanessa.sturgill@uky.edu

Secretary
Mary Cannon
mary.cannon@uky.edu



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

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Kenton County Extension
10990 Marshall Road
Covington, KY 41015

RETURN SERVICE REQUESTED

Kenton County's New 4-H Agent



Kenton County is happy to announce that Lori Clark is our new 4-H Agent!

Lori has spent most of her life in and around 4-H. She worked as a secretary for about 10 years at the Kenton County Extension Office before leaving to raise her children, Elizabeth and Chet. Lori returned to work as a teaching assistant while earning her Bachelor's in Education. After teaching 2 years she returned to Extension as 4-H Assistant for 8 years. As 4-H assistant she worked in all 4-H core content areas and is ready to bring her talent as our new 4-H agent.

Be sure to stop by and congratulate Lori on her new job!